

# Origin offers complimentary fertility consultation

Having difficulty getting pregnant?  
Feeling isolated, confused, frustrated?  
...You are not alone.

At least one in six couples contact a fertility specialist and about one in 80 babies in the UK are born as the result of in vitro fertilisation (IVF) treatment. Every year in Northern Ireland around 5,500 couples attend their GP with a fertility problem, and annually, the region has over 2,500 fertility referrals.

So couples who are fretting and occasionally wondering whose fault it is, aren't alone. Getting pregnant isn't always easy, but doing nothing seldom makes the problem go away...and can even make it worse. So what should you do?

The process of reproduction is highly complex and, from body chemistry to chosen lifestyle, there are many different reasons why couples have difficulty conceiving.

But for couples under 35, who have been trying to conceive through unprotected sex for at least 12 months, and those over 35 who have not conceived after 6 months, it's time to seek professional advice.

Origin's fertility specialists are trained to identify the likely cause of infertility. We see hundreds of fertility referrals each year whilst GP's may only see a few. However, launching straight into a barrage of tests, examinations and medical procedures is not everyone's first choice. And with lifestyle and personal factors increasingly contributing to infertility, a growing number of couples are opting for professional advice, rather than clinical intervention, at least as a first step.

In response to the demand for information and advice, Origin Fertility Care ([www.originfertilitycare.com](http://www.originfertilitycare.com)) has developed

its Fertility Consult programme. A Fertility Consult is an in-depth consultation with a qualified fertility expert; it examines the couples' personal and medical background, lifestyle and other factors known to impact on fertility and offers professional and practical advice that may help couples conceive.

While a Fertility Consult is not a substitute for a comprehensive clinical assessment of infertility, there are signs and symptoms that can indicate potential fertility issues for both men and women. A fertility specialist can often identify these at a Fertility Consult, and indicate a potential – and hopefully successful – treatment path. And with a Fertility Consult significantly less costly than a comprehensive clinical assessment, it may be a first step for those not ready to commit to the clinical option, or who just want to ensure that they are looking after their reproductive health.

As Northern Ireland's leading independent fertility clinic, Origin has continued to expand over the past two years, reflecting the growing demand for private fertility treatments. And now in partnership with the Belfast-based medical group, 3fivetwo Healthcare ([www.3fivetwo.com](http://www.3fivetwo.com)) Origin is embarking on its next stage of development and expansion.

Origin is offering a limited number of free Fertility Consults with one of their specialists for anyone who may be concerned about their fertility and who contacts the clinic during January. At this consultation you will be encouraged to raise any queries you might have and the consultant will explore any potential fertility issues either of you may have.

If it turns out that you may have a fertility problem, you have every reason to feel optimistic. Although fertility is a complex issue, identifying the problem is the first step and you can be confident that the staff at Origin are well qualified to guide you through it and to help you understand the treatments available to you. The team at Origin can offer a range of today's most advanced and effective procedures in a discreet and comfortable environment.

For couples concerned about fertility, this is a unique opportunity to take control of your future. During January a confidential Fertility Consult will be free to the first 50 people who call Origin Fertility Care (028 9076 1713). So...Why wait? Contact us today.

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Please note: Origin Fertility Care will be closed until Monday 4th January.